



2009
DOHA GYMNASIADE
جمنزىاد الدوحة

Gymnasiade 2009

Doha - Qatar

7 - 12 Dec 2009

Bulletin No. 1



INTERNATIONAL SCHOOL SPORT FEDERATION (ISF)

AND

DOHA GYMNASIADE 2009 ORGANISING COMMITTEE

7 – 12 DECEMBER 2009

GYMNASIADE 2009

The Executive Committee (EC) of the International School Sport Federation (ISF) entrusted the organisation of the 14th **Gymnasiade** to Doha, Qatar.

1. INVITATION

All national school sport organisations, hereafter called “NSO”, which are full, associate or temporary members of ISF and the members of the ISF EC, the members of the ISF Technical Commissions concerned, are invited to participate in the Doha Gymnasiade 2009. The members of the ISF Executive Committee and the International Sports Federations concerned are invited to attend the Doha Gymnasiade 2009.

2. COMPOSITION OF TEAMS AND RULES FOR PARTICIPATION

2.1. TOTAL NUMBER OF PARTICIPANTS

The quota of participants for the Gymnasiade has been set by the ISF.

2.2. ENTRIES

Each country may enter one national boys team and/or one national girls team in the following sports: Athletics, Swimming and Gymnastics (Artistic and Rhythmic). It is not compulsory to take part in all sports. All participants must be officially nominated by the country’s National Organisation responsible for school sport.

2.3. SELECTION OF PARTICIPANTS

All competitors must have been enrolled at a school since the beginning of the school year 2009/2010.

Students must be attending schools providing a general education (General Rules of Competition (GRC §7.3).

The following are not entitled to participate (GRC §7.7):

- a. Pupils of a vocational school - i.e. young people attending a vocational school in addition to their vocational training;
- b. School teams in schools giving sports training without any general education;
- c. Afternoon sports schools (schools taking pupils from different schools in the afternoon for instruction in sports);
- d. Teams set up in companies, universities or other institutions.

2.4. AGE CATEGORIES

Only competitors born in 1992, 1993, 1994 or 1995 may compete. Only competitors for Girls Artistic and Rhythmic Gymnastic (WAG and RG) born in 1993, 1994, 1995 or 1996 may compete.

Older or younger competitors will not be accepted.

2.5. DATE OF BIRTH VERIFICATION

The verification of the athletes' dates of birth will be the responsibility of the ISF and Organising Committee who will appoint a Control Commission which will verify each participant's age upon their accreditation.

2.6. DELEGATION SIZE

Maximum delegation size is 142 persons (excluding the demonstration sports), comprising:

- Each country must appoint one Head of Delegation.
- The Head of Delegation should be the sole representative of his delegation in communication with the Organising Committee, Technical Commission and ISF. He/she may not combine the functions of Head of Delegation and Coach.

Each country may appoint:

- 1 assistant to the Head of Delegation if the delegation consists of 'athletes and swimmers' or 'athletes and gymnasts' or 'gymnasts and swimmers'.
- 2nd assistant to the Head of Delegation if the delegation consists of 'athletes and swimmers and gymnasts'.
- 1 doctor if the delegation comprises at least 60 persons.
- 1 physiotherapist if the delegation comprises at least 60 persons.
- 2nd physiotherapist if the delegation is complete (maximum size).
- The persons above the quota have to pay the full-board.
- Any other additional persons will not be considered part of the official delegation and will not be accredited by the OC.

The maximum numbers for each sport programme and the number of accompanying staff, excluding the above mentioned persons, is as follows:

| | | |
|-------------------|----------------------------|------|
| ATHLETICS: | maximum number of athletes | : 72 |
| | maximum number of coaches | : 8 |

as follows:

| | | |
|------------------------|---|-----------|
| from 1 to 9 athletes | = | 1 coach |
| from 10 to 18 athletes | = | 2 coaches |
| from 19 to 27 athletes | = | 3 coaches |
| from 28 to 36 athletes | = | 4 coaches |
| from 37 to 45 athletes | = | 5 coaches |
| from 46 to 54 athletes | = | 6 coaches |
| from 55 to 64 athletes | = | 7 coaches |
| from 65 to 72 athletes | = | 8 coaches |

But from 2 athletes of differing genders up to 18 athletes = 2 coaches.

| | | |
|-----------------------------|-----------------------------|----|
| ARTISTIC GYMNASTICS: | maximum number of gymnasts: | 10 |
| | maximum number of coaches: | 2 |
| | maximum number of judges: | 4 |

as follows:

5 boys – 1 coach – 2 judges (*)

5 girls – 1 coach – 2 judges (*)

(*) Gymnasiade 2009 OC, through the Sports Federations is responsible for the appointment of National Referees, Judges and other Technical Officials, whose competence must be guaranteed and confirmed by the Competition Manager. All Technical officials need to be FIG brevet holders. The Referees must be approved by the ISF Technical Delegate. In accordance with ISF rules, failure to provide a minimum of one judge for each discipline will lead to a fine of 907 EUR per judge payable to the organiser prior the competitions.

The ratio is as follows:

- If participating with a full team (minimum of three gymnasts) in Boys's and/or Girls's artistic gymnastics, the country is entitled to bring two judges (in each discipline) of high standing and holders of a FIG brevet.
- If participating with individual (less than 3) gymnasts in Boys's and/or Girls's artistic gymnastics, the country is entitled to bring one judge of high standing, who is a holder of a FIG brevet.

| | | |
|-----------------------------|-----------------------------|----|
| RHYTHMIC GYMNASTICS: | maximum number of gymnasts: | 10 |
| | maximum number of coaches: | 2 |
| | maximum number of judges: | 1 |

as follows:

Group competition: 5 gymnasts (+ 1 reserve) – 1 coach }
Individual Competition: 4 individual gymnasts – 1 coach } +1 judge (*)

(*) Gymnasiade 2009 OC through the Sports Federations is responsible for the appointment of National Referees, Judges and other Technical Officials, whose competence must be guaranteed and confirmed by the Competition Manager. All Technical officials must to be FIG brevet holders. The Referees must be approved by the ISF Technical Delegate. In accordance with ISF rules, failure to provide a judge will lead to a fine of 907 EUR per judge payable to the organiser prior the competitions.

SWIMMING: maximum number of swimmers: 24
maximum number of coaches: 3

as follows:

from 1 to 8 swimmers = 1 coach
from 9 to 16 swimmers = 2 coaches
from 17 to 24 swimmers = 3 coaches

But from 2 swimmers of differing genders up to 16 athletes = 2 coaches.

3. TECHNICAL RULES

3.1 The competition will be run according to current ISF and International Sports Federations rules under the direction of the ISF Technical Commissions (TC). Detailed rules and regulations will be sent with Bulletin 2 and Bulletin 3 following initial registration.

3.2 EVENTS

ATHLETICS

Programme:

Girls: 100m, 200m, 400m, 1000m, 3000m,
100m Hurdles (84.0cm), 400m Hurdles (76.2cm), 2000m Steeplechase,
High Jump, Long Jump, Triple Jump, Pole Vault
Shot Put (4kg), Discus (1kg), Javelin (600g), Hammer (4kg)
Medley Relay (100 x 200 x 300 x 400 m)

Boys: 100m, 200m, 400m, 1000m, 2000m Steeplechase,
3000m, 110m Hurdles (91,4cm), 400m Hurdles (84.0cm),
High Jump, Long Jump, Triple Jump, Pole Vault
Shot Put (5kg), Discus (1.5 kg), Javelin Throw (700g),
Hammer (5kg), Medley Relay (100 x 200 x 300 x 400m)

Each country may enter 2 competitors in each event and 1 team in each relay.
Each athlete may compete in 2 events plus 1 relay, except when he/she is competing in a track event over 200m. In that case only 1 track event may be entered plus 1 relay.

RHYTHMIC GYMNASTICS

Programme:

Each country is authorised to enter a team in the following contests :

- a) Group exercise: composition of a team = 5 gymnasts (5 ribbons)
+ 1 authorised substitute
- b) Individual contest: 4 gymnasts (ball, clubs, ribbon, rope)

ARTISTIC GYMNASTICS

The programme (boys & girls) is subdivided into three competition days:

a) First day:

- Team Final: A team shall provide for not more than 4 gymnasts to compete on any single piece of apparatus and the 3 highest scores will be taken into account for the team total.
- Individual All-Around Final: Only gymnasts who perform on all the apparatus are eligible to be ranked for Individual All-Around Final with a maximum of 2 gymnasts per country.
- Individual Qualifications for Apparatus Finals.

b) Second and Third day: Individual Apparatus Finals

On each apparatus, the eight gymnasts (with a maximum of two per country) who have obtained the highest total scores on such apparatus, in the course of qualifications, perform an exercise (which on vault means two vaults) on the apparatus in question. The gymnasts of countries presenting less than 3 gymnasts are authorised to take part in the All-Around competition and Individual Apparatus Finals.

SWIMMING

The programme will include the following events for boys and girls:

| | |
|--------------|-------------------------------------|
| Freestyle | 50m / 100m / 200m / 400m / 4 x 100m |
| Backstroke | 50m/ 100m / 200m |
| Breaststroke | 50m/ 100m / 200m |
| Butterfly | 50m/ 100m / 200m |
| Medley | 200m / 400m / 4 x 100m |

Each country may enter two swimmers in individual events and one team in each relay event.

There is no limit of the number of events per swimmer.

3.3 The composition and the level of difficulty of the exercises must be organised according to the regulations laid down in the International Federation Rules of Competition as valid in the year of competition, except for any deviation mentioned in the invitation letter and the directives.

4. DEMONSTRATION SPORTS

DOHA GYMNASIADE 2009 will be expanding the number of Sports involved in this prestigious event. There will be demonstrations in the following sports in addition to the three staple sports of the event of Athletics, Swimming and Gymnastics: Fencing, Diving and Trampoline.

- 1. Trampoline – Individual Boys and Girls**
- 2. Diving – 3m Springboard and Platform Group A + B Boys and Girls**
- 3. Fencing – Épée and Foil Individual Boys and Girls**

A minimum of 10 countries should submit applications with no more than two athletes for their country per discipline.

This might be:

- 2 boys
- Or - 2 girls
- Or - 1 boy and 1 girl

One coach per discipline might be accredited.

All athletes in demonstration sports must be born in 1992, 1993, 1994 or 1995.

The demonstration consists of a Qualifying Round and a Final.

Qualifying Round:

The Qualifying Round is the basis for qualification to the following Finals.

Finals:

These Competitions determine the winner.

If there are less than 10 countries the respective event will be cancelled.

5. DOPING

Dope testing (for use of banned substances) will take place during the competition according to current law/procedures applicable in the State of Qatar.

If selected for testing a competitor may be accompanied by an adult. If a competitor is following a course of medical treatment he/she must obtain certification to that effect and inform the organisers immediately upon arrival.

6. REGISTRATION DEADLINES

6.1. DEADLINES

The First, Definitive and Nominative registrations must be completed by entering the composition of the delegation as follows:

| | |
|-------------------------|--------------------------|
| Entry Forms by country: | 20 FEBRUARY 2009 |
| Entry Forms by number: | 31 MARCH 2009 |
| Entry Forms by name : | 30 SEPTEMBER 2009 |

7. PROVISIONAL PROGRAMME

| | |
|----------------------|--|
| Sunday 6 December | Arrival of Delegations Payment of fees – Accreditation Training Meeting of Heads of Delegation/team managers/referees |
| Monday 7 December | Scheduled Training Opening Ceremony |
| Tuesday 8 December | Scheduled Training Competition |
| Wednesday 9 December | Scheduled Training Competition |
| Thursday 10 December | Cultural Day Training |
| Friday 11 December | Scheduled Training Competition |
| Saturday 12 December | Competition Prize-giving (medals and trophies) Closing Ceremony |
| Sunday 13 December | Departure of Delegations |

NOTE:

This preliminary programme may be subject to slight changes depending on the number of participants and TV requirements. All changes to the programme will be published and all participants will be informed.

8. TRAVEL

Travel to Doha International Airport, Qatar is to be arranged and financed by each participating country. Local transport is taken care of by the Organising Committee.

9. FEES AND INSURANCE

9.1 In return for the entry fees which are fixed by the ISF Executive Committee, the Organising Committee will be responsible for board and lodging of participants for the duration of the event, for the competition, cultural programme and for all transport in connection with the official programme (arrival, departure, sports and cultural programmes).

9.2 In accordance with the rules laid down by the ISF, payment is to be made to the organisers of the Gymnasiade 2009 of 42 EUR per person per night for a maximum of 142 persons (excluding the demonstration sports).

An additional ISF levy of 25 EUR per delegation member will be collected at the time of registration.

The total amount per person is therefore 319 EUR (42EUR x 7 nights + 25 EUR).

In addition, each delegation with 1 or 2 teams has to pay a forfeit amount of 319 EUR for the referees' accommodation.

If the distance between Doha and the capital of a participating country exceeds 5000 kilometres the delegation may extend its stay by arriving one day earlier or leaving one day later for a daily fee of 42 EUR per night (Jet-lag day). Any arrivals prior to or later than the official dates or less than 5000 kilometres will be fully invoiced to the countries.

9.3 For two supplementary adults the regulation will be announced in bulletin 2 and the country concerned should contact the OC directly.

9.4 The organisation of an extended stay for the delegation (prior or after the event) is a matter for the country concerned. It shall not be the responsibility of the Organising Committee. The country concerned may contact the OC in order for any further assistance.

9.5 Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

10. DEPOSIT

10.1 Along with the entry, each country must pay a deposit of 84 EUR per person as confirmation of their entry.

The deposit must be sent as a single payment for the whole delegation by the organisation responsible for school sport.

Payments made by individual schools will not be accepted.

The sum of the deposit will be deducted from the total cost of participation.

This deposit is non-refundable in the event of non-participation, unless in the case of unusual or unforeseen circumstances. The latter instance will require the approval of the ISF Steering Committee.

10.2 The ISF Secretariat is responsible for registering all deposits before 30th April 2009.

10.3 The deposit is to be paid to the following account:

Payee: ISF, Leopold II laan 184 B, Brussels / Belgium

Name of bank: Fortis Bank

Address : Pastoor Coplaan 202, 2070 Burcht, Belgium

IBAN : BE03 0015 2130 7984

BIC (Swift Code): GEBABEBB

Reference: **Doha Gymnasiade 2009 + name of participating country.**

10.4 The balance in cash in EUR is to be paid on arrival in Doha. (Bank and credit cards will not be accepted) or may be paid in EUR to the organisers' bank account as published in the third bulletin by 15 June 2009.

10.5 All bank charges (for both deposit and balance) are to be met by participating countries.

11. REGISTRATION

- 11.1 The entry registration form (see attached) should be duly completed and signed on behalf of the organisation responsible for school sport and returned to the organisers **at the latest by 20 FEBRUARY 2009:**

Person in charge: Patricia Stadler

Organisation: Doha Gymnasiade 2009 Organising Committee

Address: The Ministry of Education Building (11th floor), P.O.Box 22721
Doha - State of Qatar

Telephone: +974 494 2009 or +974 493 1554

Fax: +974 493 0422

E-Mail: info@gymnasiade.com

Web: www.gymnasiade.com

- 11.2 The detailed entry registration form bearing the names of all the competitors and other members of the delegation is to be returned to the OC by 30 September 2009 (detailed entry forms will be included in Bulletin 3).

12. COMMITMENTS TO BE HONOURED BY DELEGATIONS

- 12.1 Each participant is required to be present throughout the duration of the event.
- 12.2 Each participant is also obliged to take part in all of the non-sport activities.
- 12.3 Each team undertakes to compete against all other participating teams.
- 12.4 Each competitor undertakes to compete against all other competitor.
- 12.5 The absence of any member of a participating team from any part of the entire sports programme, opening-, prize-giving- and closing ceremonies and socio-cultural programme will result in the team being excluded from the results.

Please return the entry registration form to the Organising Committee as soon as possible but by 15 February 2009 and send a copy to the ISF Secretariat by fax: +32-3-286.07.47 or e-mail: jan.coolen@isfsports.org

Please pay the deposit by 30 April 2009.

We look forward to meeting you in

Doha, State of Qatar in December 2009.

FIRST ENTRY REGISTRATION FORM

COUNTRY: _____

Entry of: **Athletics** **Swimming** **ARTGymnastics** **Rhythmic Gymnastics**

Girls yes / no Girls yes / no Girls yes / no Girls yes / no

Boys yes / no Boys yes / no Boys yes / no -

Demonstration Sports:

Fencing **Diving** **Trampoline**

Girls yes / no Girls yes / no Girls yes / no

Boys yes / no Boys yes / no Boys yes / no

Estimated total number of persons in the delegation =

- I confirm the participation of the above country in the Gymnasiade 2009 and agree to abide by the regulations in Bulletin 1.
- I confirm that the participants of our delegation undertake to compete against participants from all other countries taking part as requested by the organisers and to participate fully **in all the activities**.

Signed: _____ Date: _____

Name: _____ Position: _____

School Sport Authority: _____

Correspondence Address: _____

Tel/Mobile: _____ Fax: _____ E-mail: _____

To be returned by **20th February 2009** to:

Doha Gymnasiade 2009 Organising Committee
The Ministry of Education Building (11th floor)
P.O.Box 22721
Doha – State of Qatar
Telefon: +974 494 2009 or +974 493 1554
Fax: +974 493 0422
e-mail: info@gymnasiade.com