

DOHA GYMNASIADE 2009

7-12 December 2009











The Event will be organised by the Qatar Olympic Committee in close collaboration with the Ministry of Education and Higher Education, the Supreme Education Council and the International Schools Federation.



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1. INVITATION

Doha Gymnasiade 2009 Organising Committee is happy to confirm the invitation to all official school sport organisations, which are full, associate or sponsored members of the International School Federation (ISF) and the members of the ISF Executive Committee and the members of the ISF Technical Commissions concerned, to participate in the 14th Gymnasiade to be held in Doha from 7th to 12th December, 2009.

A total of 42 delegations have confirmed their participation. Please refer to appendix 01 for the list of the countries.

2. SPORTS

2.1 DEMONSTRATION SPORT

All demonstration sports have been cancelled from the competition programme of the Gymnasiade 2009 because of the lack of entries from the registered countries. Unfortunately, we did not obtain the minimum of ten (10) nations entries required to proceed with the organisation of the demonstration sports. This decision was taken in agreement with the ISF.

2.2 TOTAL NUMBER OF PARTICIPANTS

The participation quotas for the Gymnasiade 2009 have been set by the International School Federation and are presented below.

2.3 ENTRIES

Participation entries must be submitted to the Doha Gymnasiade 2009 Organising Committee in accordance with the closing date given in Bulletin no. 3.

Final changes to the entry lists can be accepted up to the Technical Meeting of the respective sport. These may include name changes, late withdrawals and corrections.

Each country is eligible to participate at the competition (boys & girls) with one team per sport, following the rules below:



Sport	Individual Events	Team Events
Swimming *	2 competitors in each event	1 team per relay
Athletics **	2 competitors in each event	1 team per relay

Gymnastics (artistic & rhythmic)	Group exercise: 1 team of 5 gymnasts (5 ribbons + 1 eligible substitute)
	Individual contest: 4 gymnasts (ball, clubs, hoop, rope)

^{*} There is no limit of the number of events per swimmer.

Countries are not obliged to participate in all sports. All participants must have the nationality of the country they represent and be officially nominated by the country's responsible authority.

2.4 SELECTION OF PARTICIPANTS

In accordance with the ISF General Rules of Competition (GRC §7.3), all competitors must be enrolled at a school that provides a general education.

The following are not entitled to participate (GRC §7.7):

- Pupils of a vocational school i.e. young people attending a vocational school in addition to their vocational training,
- School teams in schools giving sports training without any general education,
- Afternoon sports schools (schools taking pupils from different schools in the afternoon for instruction in sports),
- Teams set up in companies, universities or other institutions.

2.5 AGE CATEGORIES

In order to participate in the Gymnasiade 2009 sport events, athletes (boys & girls) must comply with the following:

Sport	Year of birth	
Swimming	1992, 1993, 1994, 1995	14, 15, 16, 17 years old in 2009
Athletics	1992, 1993, 1994	15, 16, 17 years old in 2009
Gymnastics (boys)	1992, 1993, 1994, 1995	14, 15, 16, 17 years old in 2009 (artistic)
Gymnastics (girls)	1993, 1994, 1995, 1996	13, 14, 15, 16 years old in 2009 (artistic & rhythmic)

NOTE: Older or younger competitors will not be accepted.

^{**} Each athlete may compete in 2 events plus 1 relay, except when he/she is competing in a track event over 200m. In that case only 1 track event may be entered plus 1 relay.



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2.6 DATE OF BIRTH VERIFICATION

The verification of the athletes' dates of birth will be the responsibility of the International School Federation and the Doha Gymnasiade Organising Committee. An appointed Control Commission will be responsible to verify each participant's age upon their accreditation.

2.7 DELEGATION SIZE

According to the International School Federation rules, the maximum delegation size is 142 persons. Delegation's composition is explained below.

 Each country must appoint one Head of Delegation. The Head of Delegation should be the sole representative of his delegation in communication with the Organising Committee, Technical Commission and the International Schools Federation. He or she may not combine the functions of Head of Delegation and Coach

In addition, each country may appoint:

- One assistant to the Head of Delegation if the delegation participates in two sports
- Two assistants to the Head of Delegation if the delegation has participants in three sports
- One doctor if the delegation comprises of at least 60 persons
- One physiotherapist if the delegation comprises of at least 60 persons
- Two physiotherapists if the delegation is complete (maximum size)
- Each delegation may add a maximum of two additional adults (not counted in the overall number of the Delegation) whose function must be clearly specified: interpreter, security personnel, ministerial representative and journalist
- Any other additional persons will not be considered part of the official delegation and will not be accredited by the Organising Committee
- The persons above the quota have to pay the full board

The maximum number of members of a sport-specific delegation is presented below. Please note that the above mentioned persons are excluded.

SWIMMING

Swimming	Maximum number of swimmers (boys & girls) per team: 24
	Maximum number of coaches per team: 3

The details of the possible composition of the swimming team are as follows:

from 1 to 8 swimmers = 1 coach from 9 to 16 swimmers = 2 coaches



from 17 to 24 swimmers = 3 coaches

But from 2 swimmers of differing genders up to 16 athletes = 2 coaches.

It has been agreed for the 2009 Gymnasiade that countries are allowed to enter more than 12 swimmers of one gender as long as the total of swimmers does not exceed 24.

ATHLETICS

Athletics	Maximum number of athletes (boys & girls) per team: 72
	Maximum number of coaches per team: 8

The details of the possible composition of the athletics team are as follows:

from 1 to 9 athletes 1 coach 2 coaches from 10 to 18 athletes from 19 to 27 athletes 3 coaches from 28 to 36 athletes 4 coaches from 37 to 45 athletes 5 coaches 6 coaches from 46 to 54 athletes from 55 to 64 athletes 7 coaches from 65 to 72 athletes 8 coaches

But from 2 athletes of differing genders up to 18 athletes = 2 coaches.

GYMNASTICS

Artistic	Maximum number of gymnasts (boys & girls) per team: 10
	Maximum number of coaches per team: 2
	Maximum number of judges per team: 4 (two for boys & two for girls)
Rhythmic	Maximum number of gymnasts (boys & girls) per team: 10
	Maximum number of coaches per team: 2
	Maximum number of judges per team: 1

The details of the possible team composition are:



Artistic	Rhythmic
5 boys - 1 coach - 2 judges	Group competition: 5 gymnasts (+1 reserve) - 1 coach
5 girls - 1 coach - 2 judges	Individual competition: 4 individual gymnasts -1 coach - 1 judge

The ratio related to judges is as follows:

- If participating with a full team (minimum of three gymnasts) in Boy's and/or Girl's artistic gymnastics, the country is entitled to bring two judges (in each discipline) of high standing and holders of a FIG brevet.
- If participating with individual (less than 3) gymnasts in Boy's' and/or Girl's artistic gymnastics, the country is entitled to bring one judge of high standing, who is a holder of a FIG brevet.

2.8 COMPETITION RULES

All competitions will be held in accordance with the rules of the International School Federation and the respective International Federation's rules & regulations in force at the time of the Gymnasiade 2009 event. This will take place under the direction of the International School Federation Technical Commissions (GRC §7.3).

In case of a dispute about the meaning of the regulations, the English text will be the prevailed one.

2.9 JURY OF APPEAL

The Jury of Appeal consists of the President of the Technical Commission, one appointed representative from the Organising Committee and the Head Referee or Judge of the respective sport.

2.10 TECHNICAL OFFICIALS

Technical Officials for the competitions are the referres, starters, judges and timekeepers.

2.11 APPOINTMENT OF THE TECHNICAL OFFICIALS

The Doha Gymnasiade Organising Committee, through the National Federations and the agreement of the Technical Delegate is responsible for the appointment of National Referees, Judges and other Technical Officials.

2.12 COMPETITION INFORMATION – SWIMMING

COMPETITION FORMAT

The Swimming competition consists of the following boys & girls events:



Individual Events	Team Events (relays)
Freestyle: 50m, 100m, 200m, 400m.	Freestyle: 4x100m
Backstroke: 50m, 100m, 200m.	Medley: 4x100m
Breastroke: 50m, 100m, 200m.	
Butterfly: 50m, 100m, 200m.	
Individual Medley: 200m, 400m.	

All events shall be conducted in accordance with FINA Rules & Regulations in force at the time of the event. Competitions will run in morning heats and evening Finals.

COMPETITION SCHEDULE

The event competition schedule version 1.0 will be circulated with bulletin 03.

COMPETITION VENUE

Competition venue for the event is the new Hamad Aquatic 50m, 10 lane swimming pool. The complex features the following facilities:

- Main Competition Pool: one 50 x 25m, 10 lanes swimming pool adjusted to a diving well of 25 x 25m (5m deep) with 1, 3, 5, 7.5 & 10m platforms and 1 and 3m springboards,
- A 50 x 25m (10 lanes) and a 25m warm up swimming pools,
- A diving pool of 25 x 21m (5m deep) diving pool, with 1, 3, 5, 7.5 and 10m platforms along with 1 & 3m Springboards.

Other facilities includes: Gymnasiums (free weights, trampolines, etc), Warm up area for dryland training and Massage areas.

TRAINING

Training for all participating athletes will be held in the competition and warm up pools of the complex, following the below information:

Training Period		
December 6, 2009		
- competition & warm up pools : 08:00 - 13:00 & 16:00 - 21:00		
December 07, 2009		
- competition & warm up pools : 08:00 – 13:00		



Competition Period (December 8, 9, 11, 12, 2009)

- competition pool: 07:30 - 09:00 & 15:00 - 16:30

- warm up pool: 07:30 - 13:00 & 15:00 - 21:00

Training Schedule is indicative and may change. All training sessions will be open to media representatives. Teams planning to arrive to Doha prior to 6th December 2009, should contact the Doha Gymnasiade Organising Committee for verification of training facilities availability.

2.13 COMPETITION INFORMATION – ATHLETICS

COMPETITION FORMAT

The Athletics competition consists of the following boys & girls events:

Boys	Girls
100m, 200m, 400m, 1000m, 3000m.	100m, 200m, 400m, 1000m, 3000m.
110m Hurdles (91,4cm)	100m Hurdles (84.0cm)
400m Hurdles (84.0cm)	400m Hurdles (76.2cm)
2000m Steeplechase	2000m Steeplechase
High Jump	High Jump
Long Jump	Long Jump
Triple Jump	Triple Jump
Pole Vault	Pole Vault
Shot Put (5kg)	Shot Put (4kg)
Discus (1.5 kg)	Discus (1kg)
Javelin Throw (700g)	Javelin (600g)
Hammer (5kg)	Hammer (4kg)
Medley Relay (100 + 200 + 300 + 400m)	Medley Relay (100 + 200 + 300 + 400m)

All events shall be conducted in accordance with IAAF Rules & Regulations in force at the time of the event.

COMPETITION SCHEDULE

The event competition schedule version 1.0 will be circulated with bulletin 03.

COMPETITION VENUE

Competition venue for the event will be the Khalifa Stadium. The stadium has a track certified & accredited by IAAF and all required support facilities.



TRAINING

Training for all participating athletes will be held in the competition and warm up stadium, following the below information:

Training Period

December 6, 2009

- competition stadium & warm up: 09:00 - 11:30 & 16:00 - 18:30

December 07, 2009

- competition stadium & warm up: 08:00 – 13:00

Competition Period (December 8, 9, 11, 12, 2009)

- warm up: 07:30 - 13:00 & 15:00 - 21:00

Training Schedule is indicative and may change. All training sessions will be open to media representatives. Teams planning to arrive to Doha prior to 6th December 2009, should contact the Doha Gymnasiade Organising Committee for verification of training facilities availability.

2.14 COMPETITION INFORMATION – GYMNASTICS

COMPETITION FORMAT

The Gymnastics competition consists of the following boys & girls events:

Team and Individual Qualifications

Individual all-around final

Apparatus finals and group all-around final

Apparatus finals and group show

All events shall be conducted in accordance with FIG Rules & Regulations in force at the time of the event.

COMPETITION SCHEDULE

The event competition schedule version 1.0 will be circulated with bulletin 03.

COMPETITION VENUE

Competition venue for the event will be the Aspire Dome. Aspire Dome is a state of the art facility home of 8 sports during the Doha Asian Games.



TRAINING

Training for all participating athletes will be held in the competition venue, following the below information:

Training Period

December 6 & 7, 2009

- competition venue & warm up: 08:00 - 12:30 (girls artistic) & 13:00 - 19:00 (boys artistic)

Training Schedule is indicative and may change. All training sessions will be open to media representatives. Distribution of the teams will be according to the draw of lot. Teams planning to arrive to Doha prior to 6th December 2009, should contact the Doha Gymnasiade Organising Committee for verification of training facilities availability.

2.15 AWARDS AND CERTIFICATES

First, second and third place winners in individual and team sports will receive medals. All participants will receive participation diplomas.

3. DOPING CONTROL

Following the International School Federationand Doha Gymnasiade Organising Committee rules and regulations, all athletes participating in Doha Gymnasiade competition shall be subject to In - Competition Testing for the duration starting with their official registration at the Gymnasiade and ending with the Closing Ceremony. The authority to conduct and perform testing is with Qatar Anti-Doping Commission.

Chosen Athletes must report to the Doping Control Station directly after the notification. They will be given a Doping Control Notification, which must be read carefully. A notification of the acknowledgment of the document must be submitted by the Head of Delegation to the Organising Committee.

All athletes participating in the Doha Gymnasiade competitions must submit and inform the Organising Committee well in advance about any medication being used by filling the Therapeutic Use Exemptions form which will be provided in Bulletin 03.



For more detailed information regarding doping control procedures during the Doha Gymnasiade competitions, please refer to the document that is entitled "the 2009 Prohibited List – International Standards" that is published by WADA.

4. PROVISIONAL PROGRAMME

Event provisional program (draft 01) is attached in appendix 02. Please visit the Doha Gymnasiade web site for the most updated information.

5. TRANSPORTATION AND TRAVEL

A comprehensive transport system for athletes, team officials and technical officials will be available exclusively for the Gymnasiade 2009 Doha competition. This will include:

- Arrival service from Doha International Airport to the official accommodation sites,
- Scheduled shuttle bus service from official accommodation sites to the competition & training venues
- Dedicated service for the Opening and Closing Ceremonies
- Dedicated service for the Cultural Day
- Dedicated service to all official functions and/or meetings
- Departure service from the official Accommodation sites to Doha International Airport

Transportation services for delegations accommodated in hotels other than the official ones can be provided only if the expenses are covered by the respective delegation.

6. ACCOMMODATION

In accordance to the International Schools Federation, Gymnasiade 2009 Doha Organising Committee will accommodate all participants of the 14th Gymnasiade event in 2, 3 and 4 stars hotels during their stay in Doha, Qatar. Three meals will be provided to all participants at their accommodation sites.

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Accommodation for athletes may be in 3 or 4 bedded rooms. Assistant head of delegation, coaches and judges will be accommodated in twin bedded rooms. Only the head of delegation is eligible for a single room. Any other requests should be addressed directly to the Organising Committee and will be considered accordingly.

While the Organising Committee subsidises board and lodging for all eligible participants during the official period of the Games, delegations that arrive to Doha prior to the official arriving date of 6th December 2009, will be charged full-board in EUR per person, per day for the extra accommodation and meals. Similarly, delegations that stay after breakfast on December 13th, 2009 will be charged at the same rate.

As an exception, if the distance between Doha and the capital of a participating country exceeds 5000 kilometres, the delegation may extend its stay by arriving one day earlier or leaving one day later for a daily fee of 42 EUR per night (Jet-lag day). Any arrivals prior to or later than the official dates will be fully invoiced to the members according to market rates. Teams interested in arriving before or staying after the official Doha Gymnasiade period, shall inform the Organising Committee as early as possible.

The Organising Committee cannot guarantee the availability of accommodation outside the official period of the Gymnasiade 2009 nor for persons who are not part of the official delegation. The Organiser however will be pleased to supply information about alternative accommodation in the vicinity which could be used for guests and/or accompanying travellers.

On a different note, the official hotel of the Doha Gymnasiade will be announced in Bulletin 3.

For more detailed information please refer to the fees and insurance section.

7. HEALTH SERVICES

Health services will be provided for all competitors and officials participating at the Gymnasiade 2009 Doha competition from the first day of the official training until the last day of the competition. Health Services will be available on a 24-hour basis.

A first aid team dedicated to each sport will be located to every competition and training venue for the whole duration of the event, supported by an ambulance service.

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During Games time any participant who may require more specialised medical care will be transported to a Hospital, where free emergency medical treatment will be provided.

More details on the Medical care services during the Doha Gymnasiade 2009 will be provided in Bulletin 3.

8. FEES AND INSURANCE

In return for the entry fees which are fixed by the International School Federation Executive Committee, the Organising Committee will be responsible for board and lodging of participants for the duration of the event, for the competition, cultural programme and for all transport in connection with the official programme (arrival, departure, sports and cultural programmes).

Accordingly, in accordance with the rules laid down by the International School Federation, payment is to be made to the organisers of the Gymnasiade 2009 of 42 EUR per person per night for a maximum of 142 persons. An additional International School Federation levy of 25 EUR per delegation member will be collected at the time of registration. The total amount per person is therefore 319 EUR (42 EUR x 7 nights + 25 EUR).

If the distance between Doha and the capital of a participating country exceeds 5000 kilometres the delegation may extend its stay by arriving one day earlier or leaving one day later for a daily fee of 42 EUR per night (Jet-lag day). Any arrivals prior or later then the official dates will be fully invoiced to the countries.

The organisation of an extended stay for the delegation (prior or after the event) is a matter for the country concerned. It shall not be the responsibility of the Organising Committee. The country concerned may contact the Organising Committee for further assistance.

Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

Before the start of the Gymnasiade 2009 each delegation must present to the Control Commission:

- The balance of fees due.
- The passport, or any other official identity card, for each competitor bearing the surname and first name of the player, his or her date of birth and nationality.

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- Individual documents concerning attendance at a school.

Any charges or commission deducted from the initial deposit by the bank must be paid by the delegation to the organiser with their final payment at latest upon their arrival in Doha. If you did not pay the deposit yet, you should settle the payment at once.

9. DEPOSIT

Along with the entry, each country must pay a deposit of 84 EUR per person as confirmation of their entry. The deposit must be sent as a single payment for the whole delegation by the organisation responsible for school sport. Payments made by individual schools will not be accepted.

The sum of the deposit will be deducted from the total cost of participation. This deposit is non-refundable in the event of non-participation, unless the delegation has informed the organisers or in the case of unusual or unforeseen circumstances. The latter instance will require the approval of the ISF Steering Committee.

Participating countries that fail to pay the deposit in time, have to settle the balance of payment to the bank details listed below, prior to arriving in Doha. The balance of payment can be transferred in EUR to the Organiser's account no later than 30th September, 2009 or must be paid cash in EUR immediately upon arrival in Doha. Bank cards, credit cards or traveller cheques will not be accepted.

The deposit is to be paid to the following account:

IBAN: BE03 0015 2130 7984

BIC (Swift Code): GEBABEBB

Payee: ISF, Boomgaardstraat 22 B39, 2600 Berchem – Antwerp, Belgium

Name of Bank: Fortis Bank

Address of Bank: Pastoor Coplaan 202, 2070 Burcht, Belgium

Reference: Doha Gymnasiade 2009 + name of participating country.

All bank charges, for both deposit and balance, are to be covered by participating countries.



10. REGISTRATION

The entry registration form (see attached) should be duly completed and signed on behalf of the organisation responsible for school sport and returned to the organisers no later than 10th September, 2009:

Person in charge: Mr Petros Tsiallas

Organisation: Doha Gymnasiade 2009 Organising Committee

Address: The Supreme Education Council Building

P.O.Box 22721

Doha, State of Qatar

Telephone: +974 4931554 Fax: +974 4942534

E-Mail: info@gymnasiade.com Web: www.gymnasiade.com

11. REGISTRATION DEADLINES

All forms are to be returned to the Gymnasiade 2009 Doha Organising Committee no later than the below mentioned dates:

- Entry Form by number: 10 September, 2009

- Entry Forms by name: 31 October, 2009

12. IMPORTANT NOTICE

As a reminder, participating countries are kindly required to do the following:

- Return the entry registration form to the Organising Committee no later than 10th September 2009, by also sending a copy to the ISF Secretariat (fax: +32-3 286 07 47 or e-mail: jan.coolen@isfsports.org)
- Pay the deposit immediately



APPENDICES

01. PARTICIPATING DELEGATIONS

AFRICA	
Algeria	Nigeria
Morocco	Tunisia

AMERICA	
Dominican Republic	Venezuela
Puerto Rico	

ASIA	
P.R. China	Oman
Chinese Taipei	Pakistan
India	Qatar
I.R. Iran	Kazakhstan
Kuwait	United Arab Emirates

EUROPE	
Belgium (French)	Italy
Belgium (German Speaking Community)	Latvia
Bulgaria	Luxembourg
Croatia	Malta
Cyprus	Poland
Czech Republic	Romania
Denmark	Russia
Estonia	Slovak Republic
Finland	Spain
France	Turkey
Germany	UK England
Greece	UK Wales
Hungary	Ukraine

OCEANIA	
Australia	



02. PROVISIONAL PROGRAM

Date	Activity					
December 05, 2009	Delegations Arrival (optional arrival date*)					
	Accreditation Collection					
	Competition registration (fees payment)					
	ISF Executive Board Meeting					
December 06, 2009	Delegations Arrival (official arrival date)					
	Accreditation Collection					
	Competition registration (fees payment)					
	ISF Executive Board Meeting					
	Official Training					
	Technical Meetings					
	Technical Officials Meetings					
December 07, 2009	Official Training					
	Opening Ceremony					
December 08, 2009	Start of Competition – Swimming, Athletics, Gymnastics					
	Official Training					
December 09, 2009	Competition – Swimming, Athletics, Gymnastics					
	Official Training					
December 10, 2009	Cultural Day					
	Official Training					
December 11, 2009	Competition – Swimming, Athletics, Gymnastics					
	Official Training					
December 12, 2009	Competition – Swimming, Athletics, Gymnastics					
	Official Training					
	Closing Ceremony					
December 13, 2009	Delegations Departure					

^{*} For details of arrival dates and applicable accommodation rates please refer to Section 8 "Fees and Insurance"

Registration Form_by number

December 07 – 12, 2009



Delegation Synthesis	Swimming			Athletics			Gymnastics - Artistic			Gymnastics - Rhythmic		
	Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total
Athletes												
Coaches												
Head Of Delegation												
Assistant Head Of Delegation												
Doctor												
Physiotherapist /Masseur												
Security Personnel												
Interpreter												
Journalist												
Ministerial Representative												
Total per Sport												
Judge MAG name	1:			2:			or nun	nber:				
Judge WAG name	1:			2:			or nun	nber:				
G: men artistic gymnastics /W/				n all condi	tions & art	icles stated	d in Bullet	in 02 and I	nerein.			
				-	Prosi	dent or Se	crotary Go	noral Sign	atura	_		Date